

# An Introduction to the Holistic Visions Topics



## 1. New Energies for a Regenerative Planet

All the environmental indicators show us that it's time to adopt practices that have a positive, or at least a neutral impact, on the individual, society and the environment.

What sources of energy do we not want to use anymore? And why?

Without any limitations, what solutions are available to support a regenerative planet and conscious humanity? How can these energy sources be implemented for the next best step in energy distribution and consumption?

How can we limit our energy consumption and establish new norms?

How can we implement the notion of reciprocity with the Earth?

How can we establish a new way of seeing the Earth, moving away from the notion of natural resources, towards sacredness?

How can we envision a way for humanity to thrive and respect our natural habitat, planet Earth?

## 2- Sacred Sites and Architecture

Respected and preserved by Indigenous nations, Sacred Sites are of a very high vibration, hold the original energy of Mother Earth and are all connected, like an energetic map.

How can we support indigenous people, the guardians of these sacred lands, to regain these sites and protect them, as they were taught to do?

What can we learn from sacred sites for our everyday life? How can we integrate the sacred into today's architecture? How can the structure of our cities and homes enable us to experience this higher vibration?

How can modern architecture move beyond meeting our basic needs, and adopt designs that are connected to nature and nurture the possibility of raising our vibration to find inner peace?

How can we make sure that there is balance in between all living species to allow wildlife and natural ecosystems to continue to exist?

How can we find the right balance on an individual, societal and environmental level when it comes to building houses or restructuring cities?

How can our built environment respect, or even honor, the natural world we are part of?

### **3- A different approach to Families and Communities**

Taking inspiration from wisdom traditions, the notion of the collective and of being together is the basis for positive actions within a society. From global to local to individual, how can community life be reorganised?

What are the commonalities across humanity? What creates separation in our current society? What step needs to be taken to move away from the notion of individualism, towards a culture that supports togetherness and oneness?

What decisions and actions do we need to adapt or adopt for an individual to feel included in a group (family or other)? For this group to be part of society? And for everyone to look at each other eye to eye, with respect and a recognition that we are part of the same whole?

How can we create a structure for society based on what brings us together? How do we organize a society based on positivity and commonalities rather than differences?

### **4- Multidimensional Learning**

Perceiving the micro, mezzo and macro levels: more interconnected ways of learning  
Learning is part of everything and necessary to everyone, at all ages. Every day can bring about new realisations for ourselves as well as for society and one's environment.

What leanings can allow people to grow in consciousness and be more in tune with themselves, others and the planet we live on? How can learning be at the center of our lives?

How can people discover positive ways of moving forward in their life by making the right choices?

How can a global vision of Good Living, based on primordial wisdom, be disseminated and integrated into society? How can a decision-making process based on global harmony, take into consideration the following 9 perspectives: micro, mezzo and macro - (the notion of time:) present, past, future - (the notion of impact) negative, neutral or positive?

## 5- Financial Systems

Fair trading in a new world economy

Holistic Visions isn't about a revolution. It's about evolution and transformation.

What is the purpose of finance for societies, individuals and planet Earth?

What are the rules to set in place for money to no longer be king but rather kind, or at least in service of life?

How can finances gather support instead of promoting separation?

Why has money been used as the only measuring stick?

How can financial systems support a positive spiral for the good of all?

How can we open up the financial system to positive values?

How can finance be in service of respect, support and positivity?

## 6- Water

Water is synonymous with life. Every being on Earth needs it and is made up of it. Water holds memories within its cells and its structure reacts to its environment and how it is treated.

How can innovation and fair use be introduced to the hydrological cycle to protect water as a living being and provide clean water to all?

How can people recognise that water is not only something to protect but that it is also sacred? How can its essence be conveyed to all?

How can the topic of water bring about peace, as opposed to war? How can water be protected from corporate greed and drinking water be made available to all?

## 7- Sacred in Reality

This topic is a container for the whole and is not open for participants to join. It is held by the Le Ciel team with the energetic support of Elders and Wisdom Keepers who altogether are facilitating access to our true self, a real sense of community and solutions for Mother Earth and generations to come.

## 8- Seeding Global Community

New alliances, new governance

How can a new way of being together, as part of a society that supports everyone, be created and disseminated?

How can everyone be part of a coherent whole?

How can all feel the notion of interaction and interconnectivity?

What are the values needed to create this coherent whole, a global community?

What can we create today with what we have?

What values would benefit all of society? What actions and steps need to be taken to implement and integrate these values?

In terms of this topic's title, it's not about seeding so much as allowing the idea to take hold in our collective consciousness.

## **9- Transportation and Reforestation**

Planet Earth is alive and home to innumerable species: both fauna and flora.

How can the notion of transportation take into account the needs of human beings as well as all life on Earth, be it migratory routes or sacred sites?

How can we make sure that there is balance in between all living species, to allow wildlife and natural ecosystems to continue to exist?

How can we transform the negative impact of transportation and freight transport on forests and ecosystems?

How can we re-wild, reforest and reintroduce nature, in accordance with the natural habitat, into ecosystems that have been destroyed or damaged?

How can one develop a sense of individual responsibility towards our natural habitat?

How can people live by the notion of reciprocity by compensating for their carbon footprint? Is the notion of travelling anywhere, at any time a viable option in the long run?

## **10- Restoring the Earth's Biospheres**

Enabling the regeneration of all living organisms: fauna, flora, water, air...

What simple, easy steps or practical solutions can kids and adults adopt?

How can we change ourselves, to change what surrounds us?

How can a sense of urgency be spread so that changes are made on an individual level?

What is needed from the 12 other topics for this topic to move forward?

What is the critical point at the centre of all the solutions that protect all living organisms?

Is there one specific solution or a combination of solutions that can set in motion a positive cycle for this topic?

## 11- Love and Integrity

Breaking free from systemic dependencies, building up a sense of true love, responsibility and integrity in order to navigate life purposefully

How can love rise and come to the surface?

What is our first love if not love for ourselves? How can the values of self-love, self-esteem and self-worth be learned as a basis for loving others?

How can humans integrate all the values they need to feel whole, for their own best interest and in the interest of all?

How can a new way forward, another way than the current system that takes hold of us from birth, be created? How can the system be changed from within?

## 12- Integral Global Health

The interconnectivity between mind, body and spirit in diagnostics, treatments and methodologies.

What happened at some point in history for medicine to become based purely on the physical? Where are the spiritual and holistic dimensions to medicine so dear to Hippocrates?

Where are the original ethics of health? What is health? How can one be healthy?

How can we organise the whole spectrum of knowledge around health for those in a good place to stay well and for those suffering to come back to health?

How can the health and healing worlds respect one another and work together as needed for the benefit of all?

How can we understand illnesses in their full dimension so that they may be healed in the physical dimension, the spiritual dimensions and the dimension of memories?

## 13- Agro-ecology for a New World

Returning to biodynamic, high-yield and regenerative methods of farming.

What don't we want anymore for the planet, for animals and as food? How do we want to treat what's alive (from the Earth, flora and fauna to humans)?

How can we collaborate with life rather than exploit it solely for our immediate benefit?

What solutions can we adopt for respectful consumption? What are the values needed to feed humanity whilst protecting, preserving and regenerating the other forms of life on Earth?

LeCiel Foundation

